



# OPHTHAFEST 2026

20th Annual Conference of  
Haryana Ophthalmological Society  
& Annual Conference of  
Ambala Ophthalmological Society

**8 CME**  
CREDIT HOURS



**17th-18th January 2026**

**HOTEL REGENTA PALACE, AMBALA**

**SCIENTIFIC AGENDA**

# Welcome Message

Respected Esteemed Faculty, Distinguished Speakers, Delegates, and Dear Colleagues,

It is our profound privilege to welcome you all to **OPHTHAFEST 2026**, the 20th Annual Conference of Haryana Ophthalmological Society & Annual Conference of Ambala Ophthalmological Society being held here in the historic and vibrant city of Ambala, from 17th - 18th January 2026 at Hotel Regenta Palace. **OPHTHAFEST 2026** will be a premier event in the field of ophthalmology, attracting renowned medical professionals, researchers, and industry leaders from across the country.

The scientific program has been thoughtfully curated to cover the latest advancements across cataract, cornea, glaucoma, retina, paediatric ophthalmology, oculoplastics, and emerging technologies. We believe these discussions will not only enhance clinical practice but also spark new research, collaborations, and innovations.

We extend our heartfelt gratitude to our eminent faculty for accepting our invitation, to our delegates for their enthusiastic participation, to our sponsors for their unwavering support, and to our dedicated organising team whose hard work has shaped this conference into reality. Your contributions truly form the backbone of **OPHTHAFEST 2026**

As you immerse yourselves in the academic sessions, we also invite you to experience the warmth, hospitality, and cultural richness of Ambala. We hope you return with new knowledge, renewed enthusiasm, and memorable experiences.

Once again, welcome to **OPHTHAFEST 2026 !**

With Warm Regards



**Dr Praveen Arora**  
President, HOS



**Dr Inder Mohan Rustagi**  
Chairman Scientific Committee, HOS



**Dr Rajan Gupta**  
Hon. General Secretary, HOS



**Dr Dheeraj Gupta**  
Treasurer, HOS



**Dr V K Bansal**  
Organizing Chairman, LOC



**Dr P C Sharma**  
Organizing Co-Chairman, LOC



**Dr Kapil Vohra**  
Organizing Co-Chairman, LOC



**Dr Rajat Mathur**  
Organizing Secretary, LOC

# Message from the Desk of Chairman, Scientific Committee, HOS

Dear Colleagues,

Warm Greetings,

With profound pleasure and a deep sense of honour, I extend my warm greetings and a respectful welcome to all esteemed delegates, eminent faculty members, and honoured guests to the 20th Annual Conference of the Haryana Ophthalmological Society, being held conjointly with the Annual Conference of Ambala Ophthalmological Society, at Ambala on 17th and 18th January 2026.

Ambala, a city of historic significance and gracious heritage, provides a befitting backdrop for this august academic congregation. In the heart of the city stands the revered ancient Shri Ambika Devi Mandir, dedicated to Goddess Durga, affectionately known as Maa Amba, from whom the city derives its name. Historical records suggest that the district was founded by Amba Rajput in the 14th century. Nestled against the Shivalik ranges to the north and nourished by the Tangri (Dangri) River, a tributary of the Ghaggar originating in the Shivalik Hills, Ambala stands today as a proud sentinel of North India's cultural and administrative legacy. Known for its distinguished cantonment and spirit of harmony, the city warmly welcomes this distinguished gathering of the ophthalmic fraternity.

This landmark academic congregation stands as a testimony to the enduring commitment of ophthalmologists of Haryana towards excellence in learning, research, and compassionate patient care. The scientific programme has been meticulously curated to encompass contemporary advances, emerging technologies, and time-honoured clinical wisdom, ensuring a comprehensive and enriching academic experience.

The conference seeks to serve as a sacred confluence of knowledge, innovation, and experience—fostering meaningful dialogue, scholarly exchange, and professional fellowship among ophthalmologists from across the nation. I am confident that the scientific deliberations will inspire fresh perspectives, sharpen clinical acumen, and further our collective mission of preserving and restoring vision.

The meeting brings together over fifty distinguished faculty members from across the country who will share their expertise, latest innovations, and scientific insights. Equally important, our bright postgraduate students will showcase their academic work, reflecting the promise and future of our specialty.

The Local Organising Committee deserves special appreciation. Under the able leadership of Dr. V. K. Bansal, Organising Chairman, and the dynamic Organising Secretary, Dr. Rajat Mathur, along with Scientific Chairman Dr. Vikash Mittal, no stone has been left unturned to ensure the success of this conference. I am deeply thankful to the President, HOS, Dr. Praveen Arora, and the entire Executive Body of HOS—especially Dr. Rajan Gupta, General Secretary, and Dr. Dheeraj Gupta, Treasurer, for their constant support and guidance. My sincere appreciation to my scientific team, particularly Dr. Amita Kaul and Dr. Amit Gupta, whose dedication has been exemplary.

We are grateful to the Haryana Medical Council for granting 8 CME credit hours for this conference, and I sincerely thank the Registrar, Dr. Mandeep Sachdeva, for the same.

Our parent body, AIOS, has always encouraged state societies to spread their wings. We are deeply honoured that the dynamic AIOS President, Dr. Partha Biswas, has graciously consented to be the Chief Guest for this event. We are equally thankful to AIOS Secretary, Dr. Santosh Honavar, for kindly permitting the conduct of AIOS Prayogshala, nurturing the talent of young surgeons. I also express my gratitude to Dr. Namrata Sharma, Chairperson, Scientific Committee AIOS, for allowing the incorporation of AIOS scientific sessions. HOS remains indebted to AIOS for this continued encouragement and affection.

I convey my heartfelt appreciation to all distinguished speakers, moderators, and contributors whose academic dedication forms the foundation of this scientific endeavour. I also commend the tireless efforts of the local organising committee in shaping a programme of such high academic calibre.

May this conference be intellectually stimulating, professionally rewarding, and truly memorable for all participants. Let us learn, share, and celebrate together to make this event a grand success. I pray for the success and fulfilment of the HOS Conference 2026.

**“Coming together is a beginning; keeping together is progress; working together is success.”**

— Henry Ford

With respectful regards and best wishes,

Prof. Dr. Inder Mohan Rustagi  
MBBS, MS, FACS, FIAMS, FAICO, PGDHHM  
Chairman, Scientific Committee



# Message from the Desk of Co-Chairman Scientific Committee

Dear Seniors and Colleagues,

Warm Greetings,

It gives me immense pleasure to welcome you to **OPHTHAFEST 2026**, a joint academic celebration of the **Haryana Ophthalmological Society and the Ambala Ophthalmological Society**. This meeting truly reflects the spirit of collaboration, learning, and scientific excellence.

When I look at the scientific program, I feel both proud and grateful. Proud of the depth, diversity, and balance it offers, and grateful to every faculty member, speaker, moderator, and delegate who has contributed to making it meaningful. From instruction courses and wet labs to free papers, case discussions, and masterclasses, this program has been designed to touch every level of an ophthalmologist's journey.

I strongly believe that science grows when it is shared. Conferences like these are not just about lectures and sessions; they are about conversations, ideas, mentorship, and friendships that shape our professional lives.

I hope **OPHTHAFEST 2026** inspires you, challenges your thinking, and strengthens your passion for ophthalmology. Let us learn together, grow together, and celebrate the joy of sharing knowledge.

Looking forward to see you at Ambala !

With warm regards,

**Dr Vikas Mittal**  
Co-Chairman  
Scientific Committee  
Ambala Ophthalmological Society



## HOS Office Bearers



**Dr Narinder Kumar Taneja**  
Patron



**Dr R S Chauhan**  
Patron



**Dr Praveen Arora**  
President



**Dr Varun Gupta**  
President Elect.



**Dr Manisha Rathi**  
Vice President



**Dr Rajan Gupta**  
Hon. General Secretary



**Dr Dheeraj Gupta**  
Treasurer



**Dr Inder Mohan Rustagi**  
Chairman Scientific Committee



**Dr Sumeet Khanduja**  
Joint Secretary



**Dr Deependra V Singh**  
Editor Journal HJoO

# *Local Organizing Committee*



Dr VK Bansal  
Organizing Chairman



Dr PC Sharma  
Organizing Co-Chairman



Dr Kapil Vohra  
Organizing Co-Chairman



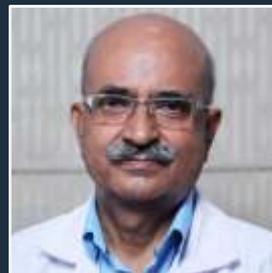
Dr Rajat Mathur  
Organizing Secretary



Dr Vikas Mittal  
Chairman Scientific Committee



Dr Amit Gupta  
Joint Organizing Secretary



Dr (Col) Gautam Dutt  
Treasurer AOS

**OPHTHAFEST 2026 CONFERENCE OVERVIEW**

# DAY 1

## 17TH JANUARY 2026

	<b>AMBIKA HALL A</b>	<b>SHIVALIK HALL B</b>	<b>TANGRI HALL C</b>
9:00 - 10:30	FREE PAPER COMPETITIVE (PRELIM)	CASE PRESENTATION <i>NON COMPETITIVE</i> VIDEO PRESENTATION <i>NON COMPETITIVE</i>	CASE PRESENTATION <i>COMPETITIVE</i>
10:30 - 12:30	DEFERRED SURGERIES	AOS MASTER CLASS SESSION	FREE PAPER <i>NON COMPETITIVE</i> 10:30 - 11:15
12:30 - 13:30	PRESSURE AND FLOW GLUCO -SESSION		TEACHERS OF TOMORROW SESSION 11:30 - 13:30

**13:30 - 14:00**
**LUNCH**

<b>DAY 1</b>	<b>AMBIKA HALL A</b>	<b>SHIVALIK HALL B</b>	<b>TANGRI HALL C</b>
14:00 - 15:30	SPECTRUM SUNRISE - ADVANCES IN OPHTHALMOLOGY SESSION	PASSING THE LIGHT - YOSI SESSION	AIOS PRAYOGSHALA  IC 1 IC 2 IC 3
15:30 - 17:00	THE IOL LOUNGE SESSION	RETINA UNPLUGGED	
17:00 - 18:00	ORBIT & ADNEXA: PRECISION REDEFINED	TRIALS, TROUBLES AND TRIUMPHS	AIOS PRAYOGSHALA CUM SKILL ENHANCEMENT SESSION
18:00 - 18:30	DR S K LALL MEMORIAL ORATION		

**19:00 - 19:30**
**INAUGURATION**
**19:30 ONWARDS CULTURAL PROGRAM AND DINNER**

**OPHTHAFEST 2026 CONFERENCE OVERVIEW**

# DAY 2

## 18TH JANUARY 2026

	AMBIKA HALL A	SHIVALIK HALL B	SHIVALIK HALL B GALLERY
9:00 - 10:30	CORNEA CONNECT	POTPOURI SESSION	WET LABS 9:30 - 13:00
10:30 - 10:45	REJUVENATION AND NETWORKING PAUSE		
10:45 - 11:15	DR J L SHARMA MEMORIAL ORATION		
11:15 - 13:15	AIOS SESSION	ORBIT 360 11:15 - 12:45	E-POSTERS 12:30 - 13:30
13:15 - 13:45	OPHTHA - BRAINIAC (QUIZ)	FREE PAPER FINAL 12:45 - 13:15	
13:45 - 14:00	GBM		
14:00	VALEDICTORY SESSION		

**14:15 ONWARDS**
**LUNCH**



# DAY 01

17TH JANUARY 2026



### REGISTRATION

**Date**

Saturday, 17 January 2026

**Time**

8:00 - 9:00

**Trade Area**

### FREE PAPERS - PULSE OF PRECISION (COMPETITIVE SESSION)

*(PRE - FINAL: BEST FIVE WILL GO FOR FINAL ROUND)**(STATE'S BEST FREE PAPER WILL GO TO AIOC 2026)***Date**

Saturday, 17 January 2026

**Time**

9:00 - 10:30

**Ambika Hall A**

**Judges:** Dr Varun Gupta, Dr Vinod Arora, Dr Kanwaljeet H Madan, Dr Dheeraj Gupta  
Dr Rajendra Prasad

### (Each Presentation - 5+1 min)

- |  |                             |
|--|-----------------------------|
| 1. Threads of inflammation : Filamentary Keratitis in a case of Autoimmune Disease Overlap   | <b>Dr Kamyá Kashyap</b>     |
| 2. The Eye as a window : Corneal Ulcer unmasking Rhino-Orbital Cerebral Mucormycosis in an Uncontrolled Diabetic with AKI  | <b>Dr Deeksha</b>           |
| 3. The Corneal Battle: Eight Cases of Aggressive Fungal Keratitis  | <b>Dr Chinam Aggarwal</b>   |
| 4. Correlation of Foveal and ETDRS Sectoral Retinal Thickness with Severity of Diabetic Retinopathy and Macular Edema in Type 2 Diabetes                                   | <b>Dr Priyanka Yadav</b>    |
| 5. Performance and Safety of Re-Using the Kahook Dual Blade in Combined Phacoemulsification with MIGS for Patients with Primary Open-Angle Glaucoma: A Clinical Evaluation | <b>Dr Ruchika Garg</b>      |
| 6. A comparative analysis of treatment outcome in refractive amblyopia.  | <b>Dr Neha</b>              |
| 7. Tenon's Patch Graft Using Fibrin Glue with Trefoil Overlay Suture for Corneal Perforation   | <b>Dr Kunal Sharma</b>      |
| 8. Systemic Lipid Profile as a Determinant of Meibomian Gland Dysfunction  | <b>Dr Jahnavi Katoch</b>    |
| 9. Developmental Synkinetic Ptosis in Children: A Case Series of Classical and Atypical Cranial Nerve Misdirection   | <b>Dr Preetish</b>          |
| 10. Assessment of Peripheral Blood Inflammatory and Metabolic Biomarkers as Predictors of Diabetic Retinopathy and Diabetic Macular Edema                                  | <b>Dr Anshu Bhargava</b>    |
| 11. Comparative Evaluation of Lactate level in aqueous humour and serum in patients with primary glaucoma and cataract   | <b>Dr Mehak Gambhir</b>     |
| 12. Navigating Anterior Chamber Depth and Angle changes after Cataract Surgery   | <b>Dr Chayan Aggarwal</b>   |
| 13. A Retrospective Study of Primary and Secondary Outcomes After Surgery of Rhegmatogenous Retinal Detachment in Tertiary Eye Hospital in Haryana                         | <b>Dr Megha Sharma Sood</b> |



### CASE PRESENTATION - STILL WATERS SESSION (NON COMPETITIVE)

**Date**

Saturday, 17 January 2026

**Time**

9:00 - 10:30



Shivalik Hall B

**Chairpersons:** Dr J S Bhalla, Dr Manisha Rathi**Panelists:** Dr Sandeep Anand, Dr Neetu Negi Punia, Dr Monika Dahiya,  
Dr Punita Garg**(Each Presentation - 6 min)**

- |    |  |                               |
|----|--|-------------------------------|
| 1. | Hypertensive retinopathy grade 4 mimicking neuroretinitis  | <b>Dr Hridey Saini</b>        |
| 2. | Therapeutic Pathways in Advanced Peripheral Ulcerative Keratitis:<br>Addressing Corneoscleral Melt Through Multimodal Intervention | <b>Dr Sanjana Goyal</b>       |
| 3. | A Case Of Retinal Migraine- A Diagnostic Challenge   | <b>Dr Anita Kumari</b>        |
| 4. | From swelling to stasis: a case of chronic papilledema progressing to<br>venous stasis retinopathy                                 | <b>Dr Rohan Mathur</b>        |
| 5. | Acquired esotropia   | <b>Dr Ashima Goyal Sharma</b> |

### VIDEO PRESENTATION- TWILIGHT VISION VIDEOS (NON COMPETITIVE)

**Date**

Saturday, 17 January 2026

**Time**

9:00 - 10:30



Shivalik Hall B

**Chairpersons:** Dr J S Bhalla, Dr Manisha Rathi**Panelists:** Dr Sandeep Anand, Dr Neetu Negi Punia, Dr Monika Dahiya,  
Dr Punita Garg**(Each Presentation - 6 min)**

- |    |  |                             |
|----|--|-----------------------------|
| 1. | Anterior nasal transposition of Inferior Oblique                                   | <b>Dr Yuvika Bansal</b>     |
| 2. | Sebaceous gland carcinoma of eyelid, a rare entity                                 | <b>Dr Anubhav Goel</b>      |
| 3. | Lacrimal sac compressions in CNLDO   | <b>Dr Abhimanyu Sharma</b>  |
| 4. | Intraocular Foreign Body: Treatment Strategies in Ocular Trauma Patients           | <b>Dr Megha Sharma Sood</b> |
| 5. | Extensive prolifids and membranes- Patience pays                                   | <b>Dr Sushant Madaan</b>    |
| 6. | Extruded IOL in Sub-Tenon: Retrieval & IOL Fixation                                | <b>Dr Pushkar Dhir</b>      |
| 7. | Cornea's and Restoring Vision: The Magic of Simple Limbal<br>Epithelial Transplant | <b>Dr Jitender Jinagal</b>  |



### CHALLENGING CASE PRESENTATION-NIGHTFALL NARRATIVES (COMPETITIVE)

**Date**

Saturday, 17 January 2026

**Time**

9:00 - 10:30



Tangri Hall C

**Judges:** Dr Praveen Arora, Dr Arvind Kumar Morya, Dr Raman Mittal**(Each Presentation - 4 min)**

- |  |                               |
|--|-------------------------------|
| 1. A rare case of Pseudo - Foster Kennedy syndrome   | <b>Dr Harleen Kaur</b>        |
| 2. HANGBACK RECESSON TECHNIQUE FOR LARGE ANGLE EXOTROPIA   | <b>Dr Sandeep Anand</b>       |
| 3. Two Eyes, One Story: Exploring Bilateral Membranous Conjunctivitis                            | <b>Dr Chinam Aggarwal</b>     |
| 4. To evaluate efficacy of subretinal fluid injection for chronic full thickness macular hole    | <b>Dr Pushkar Dhir</b>        |
| 5. At the crossroads of Eye and Brain  | <b>Dr Gauree Gattani</b>      |
| 6. Stromal Depths and Organic Threats: A Pediatric Case of Vegetative Foreign Body"              | <b>Dr Sukhnoor Kaur</b>       |
| 7. Tenon's patch graft using fibrin glue with trefoil overlay suture for corneal perforation     | <b>Dr Kunal Sharma</b>        |
| 8. Straatsma syndrome- A rare syndrome   | <b>Dr Ashima Goyal Sharma</b> |
| 9. SCHNYDER'S CORNEAL DYSTROPHY  | <b>Dr Meghna Mathur</b>       |
| 10. Acute VKH Syndrome in a Young Female: The Race Against Vision Loss                           | <b>Dr Priyanka Yadav</b>      |
| 11. Traumatic Purtscher's Retinopathy Following Polytrauma: A Case Report                        | <b>Dr Simran Malik</b>        |
| 12. Post-Traumatic Orbital Hematoma: A Hidden Time Bomb Threatening Vision                       | <b>Dr Preetish</b>            |
| 13. Canaliculitis - a spot diagnosis for the trained eye.  | <b>Dr Mehak Gambhir</b>       |
| 14. Turning Blurred Visions into Bright Futures: A Case Report on Congenital Cataract            | <b>Dr Renu Yadav</b>          |
| 15. Topical 5-Fluorouracil: A Simple and Effective Approach to Ocular Surface Squamous Neoplasia | <b>Dr Aarushi Choudhary</b>   |
| 16. Concurrent CRVO and BRAO: A Case Report  | <b>Dr Kritika Jain</b>        |
| 17. CLEAR TODAY, CLOUDY AFTERWARDS: THE MYSTERY OF TERTIARY CATARACT                             | <b>Dr Nandini Goyal</b>       |

### DEFERRED LIVE SURGERIES

**Date**

Saturday, 17 January 2026

**Time**

10:30 - 12:30



Ambika Hall A

**Discussants:** Dr Vinod Arora, Dr Rajendra Prasad, Dr Arun Jain, Dr Arvind Kumar Morya, Dr Rajan Gupta, Dr R K Bajaj, Dr Sushil Garg, Dr Mukesh Rathee**(Each Surgery - 10 min)**

- |  |                        |
|--|------------------------|
| 1. ICL (STAAR)   | <b>Dr Kapil Vohra</b>  |
| 2. TRIO PLUS (BIOTECH)   | <b>Dr Sanjiv Arora</b> |
| 3. EYECRYL SERT (BIOTECH)  | <b>Dr Mahip Bansal</b> |
| 4. EYECRYL PHAKIC (BIOTECH)  | <b>Dr Kapil Vohra</b>  |
| 5. IOC CARE (IOC)  | <b>Dr Gaurav Gupta</b> |
| 6. FLACS assisted phaco emulsification with Purely Refractive IOL                                  | <b>Dr Ajay Sharma</b>  |
| 7. Surgical precision in Phaco with Purely refractive EDOF IOL by using Hybrid Fluidics Technology | <b>Dr Kapil Vohra</b>  |

### PRESSURE AND FLOW GLUCO-SESSION


**Date**

Saturday, 17 January 2026


**Time**

12:30 - 13:30



**Ambika Hall A**

**Chairpersons:** Dr Gursatinder Singh, Dr S S Pandav, Dr Manisha Rathi

**Co-Chairpersons:** Dr B K Gupta, Dr Rouli Sud, Dr Shalini Mohan

**Panelist:** Dr Navrit Kaur, Dr Rajesh Garg, Dr Seema Poonia

**(Each Presentation - 7 min)**

- |    |   |                             |
|----|---|-----------------------------|
| 1. | To study efficacy and safety profile of KDB in various types of glaucoma in North Indian population | <b>Dr Neha Sharma</b>       |
| 2. | Phacomorphic glaucoma-patient profile   | <b>Dr Manisha Rathi</b>     |
| 3. | Trabeculectomy for general ophthalmologists   | <b>Dr S S Pandav</b>        |
| 4. | Newer drugs in medical management of glaucoma   | <b>Dr Neetu Negi Punia</b>  |
| 5. | Progression in glaucoma   | <b>Dr Gursatinder Singh</b> |
| 6. | GDD in Complicated Glaucoma   | <b>Dr Shalini Mohan</b>     |
| 7. | Neovascular glaucoma ; how to deal with a sight threatening culprit                                 | <b>Dr Vinita Ramnani</b>    |

### AOS MASTERCLASS SESSION


**Date**

Saturday, 17 January 2026


**Time**

10:30 - 13:30



**Shivalik Hall B**

#### Masterclass 1 Post-Cataract Endophthalmitis: Practical Management and Prevention (10:00 - 11:30)

**Panelists:** Dr Mohit Dogra, Dr Maneesh Dhupper, Dr Mohit Bansal, Dr Rohit Lamba,

**Moderator:** Dr Ruchi Bansal

- |    |   |                          |
|----|---|--------------------------|
| 1. | TASS vs Endophthalmitis   | <b>Dr Mohit Bansal</b>   |
| 2. | Work-up, Investigations and Initial Management including Intravitreal Antibiotics and Vitreous Sampling   | <b>Dr Ruchi Mittal</b>   |
| 3. | Surgical Management and Cluster Endophthalmitis in a Tertiary Care Hospital<br>Causes, Common Errors, Organisms and Practical Approaches  | <b>Dr Mohit Dogra</b>    |
| 4. | Protocols, OT Design as per NABH Guidelines and Medico-Legal Considerations   | <b>Dr Salil Gupta</b>    |
| 5. | Perioperative Antibiotic Prophylaxis in the Intraocular Surgeries   | <b>Dr Arvind K Morya</b> |
| 6. | Round-Table Audience Discussion, including interaction and key clinical questions.<br><i>(Session provides a comprehensive and practical review of the diagnosis and management of post-cataract endophthalmitis one of the most vision-threatening ophthalmic emergencies. Faculty will share management pearls, highlight common pitfalls, and review OT-related processes that may influence outcomes)</i> |                          |

### AOS MASTERCLASS SESSION (Continued..)

**Date**

Saturday, 17 January 2026

**Time**

10:30 - 13:30



Shivalik Hall B

### Masterclass 2 Corneal Infections: Diagnosis to Decision-Making (11:30 - 13:00)

**Panelists:** Dr Sujata Dwivedi, Dr Ashish Bansal, Dr Chintan Malhotra, Dr Vikas Mittal**Moderator:** Dr Neha Jain

1. Ten Commandments in the Management of Corneal Ulcers - **Keynote Lecture** **Dr Nikhil Gokhale**  
*Session provides a structured, practical approach to diagnosing and managing corneal infections. The keynote highlights guiding principles in ulcer management, followed by real-world case discussions focusing on clinical reasoning, management pearls and common pitfalls*
- Step-1. Clinical evaluation & documentation*
  - Step-2. Judgement of nature of infection*
  - Step-3. Institute Empirical therapy*
  - Step-4. Microbiological work up*
  - Step-5. Smear Report based modification of therapy*
  - Step-6. Monitor response to therapy*
  - Step-7. Culture Based modification of therapy*
  - Step-8. Plan further action if no response*
  - Step-9. Surgical Management*
  - Step-10. Adjunctive Management*

### FREE PAPER SESSION - SPARK OF SKILL (NON COMPETITIVE)

**Date**

Saturday, 17 January 2026

**Time**

10:30 - 11:15



Tangri Hall C

**Chairpersons:** Dr P K Manjhi, Dr Rajat Mathur, Dr Rajesh Saini, Dr Dheeraj Gupta**Panelists:** Dr B K Gupta, Dr Namrata Aggarwal, Dr Ravi Vohra, Dr Sushant Madaan

### (Each Presentation - 6 min)

1. Vitamin A Deficiency Leading to Xerophthalmia and Corneal Ulcer in a Preterm Infant with Retinopathy of Prematurity **Dr Pushkar Dhir**
2. Posterior vitreous detachment-study of prevalence, symptoms and risk factors for retinal tears **Dr Monika Dahiya**
3. Vertical Strabismus : Analysis of Management Strategies and Surgical Outcome **Dr Bhawna P Khurana**
4. ASOCT an important tool to diagnose and differentiate OSSN from its mimickers **Dr Svati Bansal**
5. A study to compare pupillary dilation, visual outcomes and adverse effects with intracameral fixed combination of tropicamide 0.02%/lidocaine 1%/phenylephrine 0.1% vs pre-operative tropicamide+phenylephrine eye drops for phacoemulsification surgery. **Dr Arpita**
6. Knowledge, attitude, and practice among teachers regarding visual impairment in school children in North India. **Dr Neeru Jain**

### TEACHERS OF TOMORROW (TOT) - GARDENERS OF VISION SESSION


**Date**

Saturday, 17 January 2026


**Time**

11:30 - 13:30


**Tangri Hall C**
**Program Director:** Dr Arvind Kumar Morya

**Program Coordinator:** Dr Inder Mohan Rustagi

	TEAM 1	TEAM 2	TEAM 3	TEAM 4	TEAM 5
1. MENTOR	Dr Manisha Rathi	Dr B K Gupta	Dr Manisha Nada	Dr Jaya Vohra	Dr Inder Mohan Rustagi
2. Mentee 1	Dr Mansi Rana	Dr Priyanka Yadav	Dr Sakshi Negi	Dr Arsh	Dr Loveleen Verma
Mentee 2	Dr Vaishali	Dr Chayan Aggarwal	Dr Bhumish Rai	Dr Anshu	Dr Mehak Gambhir

**& more teams to be added**

**Time**

13:30 - 14:00

**LUNCH**

**Trade Area**

### SPECTRUM SUNRISE - ADVANCES IN OPHTHALMOLOGY SESSION


**Date**

Saturday, 17 January 2026

**Time**

14:00 - 15:30


**Ambika Hall A**
**Chairpersons:** Dr Ajay Sharma, Dr Vinod Arora, Dr Mohita Sharma, Dr Nikhil Gokhale

**Panelists:** Dr Ankit Vinayak, Dr Renu Beri, Dr O P Arya, Dr Janak Raj Saini

**(Each Talk - 7 min)**

1. Phaco Chop - Here, There & Everywhere	Dr J S Bhalla
2. Role of Simulators in cataract surgeries	Dr Jitender Bali
3. Beyond the Basics: Mastering Complex Cataract Challenges	Dr Ankit Vinayak
4. A Study Comparing Autofocus Pro IOL with Eyecryl Multifocal IOL	Dr Arvind K Morya
5. Laser Rhexis for cataract surgery.	Dr Mohita Sharma
6. My Innovated double tooth Phaco chopper	Dr Jagdish Rana
7. Premium IOLS - When and why ?	Dr Chitra Ramamurthy
8. Role of IVMP in ophthalmology	Dr Punita Garg
9. Blepharoplasty - Curtain Raiser	Dr Fairouz PM
10. Management of subluxated/dislocated lense: Case Scenarios	Dr Sushant Madaan
11. Refractive Surprises Following Cataract Surgery	Dr Vinod Arora

### IOL LOUNGE SESSION

**Date**

Saturday, 17 January 2026

**Time**

15:30 - 17:00

**Ambika Hall A****Chairpersons:** Dr P C Sharma, Dr Varun Gupta, Dr S S Khurana, Dr Narinder Kumar Taneja**Co-Chairpersons:** Dr J S Bhalla, Dr Shallu Gupta**Panelist:** Dr Bindiya Dhupper, Dr Rohit Lamba, Dr Ankur Gupta

#### (Each Talk - 7 min)

- |   |                       |
|---|-----------------------|
| 1. Is FLACS worth the hype?   | Dr Divyang Brahmbhatt |
| 2. Phaco in Radial Keratotomy   | Dr Shalini Mohan      |
| 3. While Chopping, When the Cataract Doesn't Crack, What Do I do?                           | Dr Rajendra Prasad    |
| 4. My First Hand experience with Rayone Galaxy Spiral IOLs (RAYNER)                         | Dr G S Mann           |
| 5. Extending Range without compromise with Rayone EMV (RAYNER)                              | Dr Rishi Raj Singh -  |
| 6. Meeting Modern Visual Demands: Full-Range Vision with FINEVISION HP (BVI)                | Dr Jitender Jinagal   |
| 7. Why Enhanced Monofocal IOLs Are Gaining Acceptance: Clinical Insights with ISOPURE (BVI) | Dr Sumit Sachdeva     |
| 8. Confidence through evidence (Hoya)   | Dr Jitender Jethani   |
| 9. Attain peace of mind with first purely refractive EDOF IOL                               | Dr Salil Gupta        |
| 10. Defy monofocal convention even in comorbid cataract conditions                          | Dr Amit Wasil         |
| 11. Toric IOL - Tips and Tricks   | Dr Vinod Arora        |

### YOSI SESSION

Where Treatment Meets Tomorrow - Passing the Light

**Date**

Saturday, 17 January 2026

**Time**

14:00 - 15:30

**Shivalik Hall B****Chairpersons:** Dr Mainak Bhattacharya**Panelists:** Dr Mehak Gambhir, Dr Simran Malik, Dr Suparna Jangra, Dr Kritika Jain, Dr Hriday Saini, Dr Vasu Garg**Moderator:** Dr Sunandini Bose**Convenor:** Dr Abhimanyu Sharma

#### (Each Talk - 7 min)

- |   |                        |
|---|------------------------|
| 1. Imaging-based phenotyping of congenital corneal opacity in the genomic era | Dr Sonam Yagnez        |
| 2. ABCs of OCT  | Dr Gauree Gattani      |
| 3. What's New in Retina - 2025 Update   | Dr Pushkar Dhir        |
| 4. Phakic IOLs made Easy  | Dr Gaurav Gupta        |
| 5. When the snow settles, visibility improves.                                | Dr Amod Ahuja          |
| 6. Advancements in Aqueous shunts: The Road Ahead                             | Dr Mainak Bhattacharya |
| 7. Fungal Keratitis - Latest Update   | Dr Sunandini Bose      |
| 8. Managing Surgical drops and Aphakia  | Dr Sahil Arora         |
| 9. Botulinum toxin - Functional and cosmetic uses in Ophthalmology            | Dr Abhimanyu Sharma    |
| 10. Perform SMILE with a Smile: Simplifying SMILE Surgery                     | Dr Nikita Arora        |
| 11. Improving near Vision: New Drug on the Horizon (Entod)                    | Dr Inder Mohan Rustagi |

### RETINA UNPLUGGED SESSION

**Date**

Saturday, 17 January 2026

**Time**

15:30 - 16:30



Shivalik Hall B

**Chairpersons:** Dr D K Mehta, Dr Sunandan Sood, Dr Manisha Nada**Panelists:** Dr Deependra V Singh, Dr Sumeet Khanduja, Dr Mohit Dogra,  
Dr Manpreet Brar, Dr Manish Dhupper**(Each Talk - 7 min)**

- |   |                               |
|---|-------------------------------|
| 1. Retinal imaging insights for optimising surgeries  | <b>Dr Deependra V Singh</b>   |
| 2. Strategies for Maximizing Treatment Durability, The Treat and Extend approach with Aflibercept"      | <b>Dr Manpreet Brar</b>       |
| 3. Think Early, Not Late: Vitrectomy In Proliferative Diabetic Retinopathy                              | <b>Dr Kanwaljeet H Madan</b>  |
| 4. Management of diabetic edema: useful tips  | <b>Dr Sumeet Khanduja</b>     |
| 5. Enhancing Retinal Disease Diagnosis: The Transformative Role of Multimodal Imaging with OCT and OCTA | <b>Dr Nikita Arora</b>        |
| 6. Quantitative OCT Biomarkers in Diabetic Macular Edema - A Window into Structure and Function         | <b>Dr Jaya Vohra</b>          |
| 7. Case based approach in Idiopathic Intracranial Hypertension  | <b>Dr Ashima Goyal Sharma</b> |

### AIOS PRAYOGSHALA CUM SKILL ENHANCEMENT SESSION

**Date**

Saturday, 17 January 2026

**Time**

14:00 - 15:15



Tangri Hall C

**Chairperson:** Dr Gursatinder Singh, Dr Arun Jain, Dr Ram Lal Sharma,  
Dr Rajan Sharma, Dr Deependra V Singh**Panelists:** Dr Nikita Arora, Dr Vivek Gagneja, Dr Nalini Cooner, Dr G S Mann**(Each Talk - 7 min)**

- |  |                           |
|--|---------------------------|
| 1. Higher-Order Aberrations and Their Clinical Relevance in Practice                 | <b>Dr Pushkar Dhir</b>    |
| 2. ROP in 8 Minutes: What Is It? Who to Screen, When to Screen, What to Do?          | <b>Dr Nikita Arora</b>    |
| 3. Pterygium Surgery: Without Glue and Sutures                                       | <b>Dr G S Mann</b>        |
| 4. Tips and Tricks for Eyelid Reconstruction   | <b>Dr Maya Hada</b>       |
| 5. When Things Go South: 20 Complications of IOL Implantation After Cataract Surgery | <b>Dr Ankur Singh</b>     |
| 6. Toric IOL - How I Do It ?   | <b>Dr Jagdeep Basur</b>   |
| 7. Target IOP- Concept And Practical Application                                     | <b>Dr Jatinder Bhalla</b> |
| 8. Botox injection- Therapeutic and Cosmetic Indications                             | <b>Dr Raman Mittal</b>    |
| 9. Making the right choice: IOL options in Surgical Aphakia                          | <b>Dr Rouli Sud</b>       |

### INSTRUCTION COURSES

**Date**

Saturday, 17 January 2026

**Time**

14:00 - 17:00



Tangri Hall C

#### Instruction Course 1: Preventing Myopia Progression: Practical Approaches (14:00-15:00)

**Panelists:** Dr Jitender Jethani, Dr Jaspreet Sukhija, Dr Sandeep Pannu**Moderator:** Dr Amit Gupta

1. How to Set Up a Myopia Clinic? (7 min) **Dr Jaspreet Sukhija**
  2. Glasses for Progressive Myopia: Current Evidence (ZEISS-Sponsored) (7 min) **Dr Jitender Jethani**
- Debates: (5 min each)**
1. Intervention in Premyopia - Should We Treat? - **Yes** **Dr Gautam Yadav**  
Intervention in Premyopia - Should We Treat? - **No** **Dr Ashima**
  2. Low-Dose Atropine - Which Concentration Works Best? - **0.01%** **Dr Amit Gupta**  
Low-Dose Atropine - Which Concentration Works Best? - **0.05%** **Dr Jaspreet Sukhija**
  3. Combination Therapy vs Monotherapy: **Yes for Combination** **Dr Bhawna Khurana**  
Combination Therapy vs Monotherapy: **Yes for Monotherapy** **Dr Priya Goyal**

**Panel Discussion - 15 min**

#### Instruction Course 2: Case-Based Management in Glaucoma (15:00 - 16:00)

**Panelists:** Dr S S Pandav, Dr Rajeev Jain, Dr Neha Sharma, Dr Neetu Negi Punia, Dr Manisha Rathi**Moderator:** Dr Urvish Vashist

1. Disc Evaluation (6 min) **Dr S S Pandav**
2. Deciphering Humphrey Visual Fields (6 min) **Dr Rajeev Jain**
3. Role of OCT in Glaucoma (6 min) **Dr Neha Sharma**
4. Clinical Case Presentation 1 (3 + 5 min)
5. Clinical Case Presentation 2 (3 + 5 min)
6. Clinical Case Presentation 3 (3 + 5 min)
7. Clinical Case Presentation 4 (3 + 5 min)
8. Clinical Case Presentation 5 (3 + 5 min)

#### Instruction Course 3: Decision Making with Retina Imaging - OCT & Beyond (16:00 - 17:00)

**Panelists:** Dr Ruchi Mittal, Dr. Sahil Arora, Dr. Megha Sharma, Dr. Sumeet Khanduja, Dr Kanwaljeet H Madan**Moderator:** Dr Mohit Bansal

1. Wide-Field Imaging (7 min) **Dr Sumeet Khanduja**
2. OCT — Basic Interpretation (7 min) **Dr Gauree Gattani**
3. Fundus Fluorescein Angiography (7 min) **Dr Megha Sharma**
4. Ultrasound B-Scan (7 min) **Dr Sahil Arora**
5. How Retina Imaging Helped: Case Based Learnings **Dr Gauree Gattani**

Case-Based Imaging Decisions (20 min)  
*A practical session on using retina diagnostics effectively to make confident decisions across retinal diseases*

### ORBIT & ADNEXA: PRECISION REDEFINED



#### Date

Saturday, 17 January 2026



#### Time

17:00 - 18:00



Ambika Hall A

**Chairpersons:** Dr Subhash Dadeya, Dr Vinita Ramnani, Dr Jitender Jethani, Dr Raman Mittal

**Co- Chairperson:** Dr Maya Hada, Dr Bhawna Khurana, Dr Svati Bansal

**Panelists:** Dr Alpana Lamba, Dr Aman Gaba, Dr Jitender Jinagal

(Each Talk - 7 min)

- |  |                     |
|--|---------------------|
| 1. Concepts in Amblyopia   | Dr Subhash Dadeya   |
| 2. Evaluation of diplopia - case based approach                  | Dr Amit Gupta       |
| 3. Challenging Orbital Masses: Aesthetic Way                     | Dr Maya Hada        |
| 4. NYSTAGMUS Surgery- video assisted teaching                    | Dr Sandeep Anand    |
| 5. VKC Management  | Dr Nikhil Gokhale   |
| 6. The Many Faces of Ocular Tuberculosis                         | Dr Ruchi Mittal     |
| 7. Case based insight into management of traumatic glaucoma      | Dr Vinita Ramnani   |
| 8. Supramaximal Squint Surgery : Maximizing the Surgical Outcome | Dr Bhawna P Khurana |

### TRIALS, TROUBLES AND TRIUMPHS



#### Date

Saturday, 17 January 2026



#### Time

17:00 - 18:00



Shivalik Hall B

**Chairpersons:** Dr Gautam Dutt, Dr Narender Garg, Dr Manisha Nada

**Panelists:** Dr Ravi Nabh, Dr Abhimanyu Sharma, Dr Kunal Sharma, Dr Sunil Kumar

(Each Talk - 7 min)

- |   |                      |
|---|----------------------|
| 1. MILES—Micro-Incision Intraocular Lens Exchange Surgery:<br>A Minimally Invasive Approach                       | Dr Amrita Singh      |
| 2. Evaluation of visual outcome after lenticule extraction with SILK  | Dr Ajay Sharma       |
| 3. Strategic Pearls for Managing Subluxations   | Dr Chitra Ramamurthy |
| 4. My Innovated double tooth Phaco chopper  | Dr Jagdish Rana      |
| 5. Dry Eye Management: Role of Sodium Hyaluronate 0.4% in POSK Lasik ( <b>PROTECH</b> )                           | Dr Manish Chhabra    |
| 6. Art of vitrectomy and membrane peeling in Tractional RD  | Dr Sahil Arora       |
| 7. My Experience with CT Lucia with Bluesert Injector ( <b>ZEISS</b> )  | Dr Praveen Arora     |
| 8. Voriconazole: A novel Triazole For Fungal Corneal Ulcer: The Recommended<br>Initial Treatment ( <b>RKEON</b> ) | Dr Ashok Sharma      |



## DR S K LALL MEMORIAL ORATION

**ORATOR: DR MARKANDAY AHUJA**

**TOPIC:** Clarity of Vision Begins Within: The Gita for Ophthalmic Excellence



**Date**

Saturday, 17 January 2026



**Time**

18:00 - 18:30



**Ambika Hall A**

**Moderator:** Dr Rajan Gupta

**On the Dias:** Dr C S Dhull, Dr Kapil Vohra, Dr V K Bansal, Dr Praveen Arora,  
Dr Manisha Rathi, Dr Rajan Gupta, Dr Inder Mohan Rustagi, Dr Dheeraj Gupta,  
Dr Deependra V Singh



**Time**

19:00 - 19:30

**INAUGURATION**



**Ambika Hall A**



**Time**

19:30 Onwards

**CULTURAL PROGRAM & DINNER**



DAY  
02

18TH JANUARY 2026

### CORNEA CONNECT

**Date**

Sunday, 18 January 2026

**Time**

9:00 - 10:30

**Ambika Hall A****Chairperson:** Dr Partha Biswas**Co-Chairperson:** Dr Madhu Uddaraju**Panelist:** Dr Rajan Gupta, Dr Parul Chawla**Moderator:** Dr Sujata Dwivedi

#### (Each Talk - 7 min)

- |  |                            |
|--|----------------------------|
| 1. SMILE - The Way to Go ! ( <b>Keynote Address</b> ) - 12 min                                     | <b>Dr Partha Biswas</b>    |
| 2. Corneal Neurotization - A novel technique for restoring Corneal Sensations                      | <b>Dr Svati Bansal</b>     |
| 3. Newer diagnostic modalities in Microbial Keratitis  | <b>Dr Madhu Uddaraju</b>   |
| 4. Lasik complications   | <b>Dr Arun Baweja</b>      |
| 5. Retro-pupillary Iris Claw Lens Implantation   | <b>Dr Nishant Sood</b>     |
| 6. Dysphotopsias after cataract surgery  | <b>Dr Vikash Gupta</b>     |
| 7. Light at the end of the tunnel - Management of terminal blindness with Type 1 Keratoprosthesis. | <b>Dr Jitender Jinagal</b> |
| 8. IOL exchange -Simplified  | <b>Dr Amit Arora Fbd</b>   |
| 9. LAZOREX AA AXIS MARKER - A true made in India game changer for TORIC IOL patients               | <b>Dr Varun Gupta</b>      |
| 10. Transepithelial PRK: 1st Choice as a refractive procedure                                      | <b>Dr Mohita Sharma</b>    |

### POTPOURI SESSION

**Date**

Sunday, 18 January 2026

**Time**

9:00 - 10:30

**Shivalik Hall B****Chairpersons:** Dr Sunandan Sood, Dr Arvind Kumar Morya, Dr Kirti Singh**Panelists:** Dr Rupal Gupta, Dr J S Bhalla, Dr Mamta Jain, Dr Rishiraj Singh

#### (Each Talk - 7 min)

- |   |                                 |
|---|---------------------------------|
| 1. Medical management in glaucoma : Different aspects                             | <b>Dr Kirti Singh</b>           |
| 2. Optic disc cupping:when is it glaucoma and when not?                           | <b>Dr Digvijay Singh</b>        |
| 3. When IOP control is not enough!!   | <b>Dr Swati Goyal</b>           |
| 4. Trouble shooting "Argentinian flag sign" in intumescent white cataract         | <b>Dr Rajendra Prasad</b>       |
| 5. Trabeculectomy - Tips and Tricks   | <b>Dr Neetu Negi Punia</b>      |
| 6. Visual Outcome in Phacolytic and Phacomorphic Glaucoma with PCIOL Implantation | <b>Dr Monika Dahiya</b>         |
| 7. Vaccination for Doctors/Ophthalmologists                                       | <b>Dr Narinder Kumar Taneja</b> |
| 8. Missed Timelines ISJS: Role of MMG   | <b>Dr Namrata Aggarwal</b>      |
| 9. SICS vs Phacoemulsification  | <b>Dr Ram Lal Sharma</b>        |
| 10. T cell Target Therapy - A Novel Approach in Dry Eye Treatment                 | <b>Dr Ashok Sharma</b>          |
| 11. Fixed Dose Combination and its Relevance in Glaucoma Management               | <b>Dr Reena Singh</b>           |

### REJUVENATION AND NETWORKING PAUSE (TEA BREAK)

**Date**

Sunday, 18 January 2026

**Time**

10:30 - 10:45

**Trade Area**

### DR J L SHARMA MEMORIAL ORATION

**ORATOR: DR R KIM****TOPIC:** Ocular Investigations in the Era of AI**Date**

Sunday, 18 January 2026

**Time**

10:45 - 11:15

**Ambika Hall A****Moderator:** Dr Inder Mohan Rustagi**On the Dias:** Dr Praveen Arora, Dr Manisha Rathi, Dr Varun Gupta, Dr Rajan Gupta, Dr Inder Mohan Rustagi, Dr Sumeet Khanduja, Dr P C Sharma, Dr Vikas Mittal

### AIOS SESSION

**Date**

Sunday, 18 January 2026

**Time**

11:15 - 13:15

**Ambika Hall A****Chairpersons:** Dr Partha Biswas, Dr R Kim**Panelist:** Dr Praveen Arora, Dr Varun Gupta, Dr Manisha Rathi, Dr Rajan Gupta, Dr Inder Mohan Rustagi, Dr Dheeraj Gupta, Dr Sumeet Khanduja, Dr Deependra V Singh, Dr V K Bansal, Dr Kapil Vohra, Dr P C Sharma**(Each Talk - 7 min)**

- |   |                               |
|---|-------------------------------|
| 1. IOL Placement with PCR   | <b>Dr Partha Biswas</b>       |
| 2. Role of Intracameral Moxifloxacin in Prophylaxis of Endophthalmitis after cataract surgery | <b>Dr Namrata Sharma</b>      |
| 3. Retinoblastoma 2025 - An Update  | <b>Dr Santosh Honavar</b>     |
| 4. Managing intraop DM DETACHMENTS  | <b>Dr Madhu Uddaraju</b>      |
| 5. FBS- why you should join ?   | <b>Dr Inder Mohan Rustagi</b> |
| 6. OCT - an invaluable tool in Refractive surgery planning                                    | <b>Dr Rishi Swaroop</b>       |
| 7. Refractive surgeries -How far we have come ?   | <b>Dr Ajay Sharma</b>         |
| 8. IOL of my choice   | <b>Dr G S Dhami</b>           |
| 9. PHACO - My Way   | <b>Dr Rajan Gupta</b>         |
| 10. Effective Refractive Error coverage in India - Plan under AIOS for a National Survey      | <b>Dr Praveen Vashist</b>     |
| 11. IAC vs Intravenous Chemotherapy in Retinoblastoma   | <b>Dr Sumit Grover</b>        |
| 12. Lenticule: The New Paradigm - Lessons from My Practice                                    | <b>Dr Mahip Roy Bansal</b>    |

### OPHTHA - BRAINIAC (QUIZ)

**Date**

Sunday, 18 January 2026

**Time**

13:15 - 13:45

**Ambika Hall A****Brainiac in Chief:** Dr Ruchi Mittal, Dr Deepti Manocha, Dr Inder Mohan Rustagi

### WET LABS

**Date**

Sunday, 18 January 2026

**Time**

9:30 - 13:00



Shivalik Hall B Gallery

**Incharge:** Dr Deepti Manocha

### TOPICS

1. PHAKO
2. IPCL
3. Intravitreal Injections
4. Corneal Suturing

Dr Deepti Manocha, Dr Renu Beri  
Dr Maidhavi Sobti  
Dr Sahil, Dr Kritika  
Dr Rupal Gupta, Dr Jaspreet Aggarwal

### ORBIT 360 SESSION

**Date**

Sunday, 18 January 2026

**Time**

11:15 - 12:45



Shivalik Hall B

**Chairpersons:** Dr B K Gupta, Dr P C Sharma**Panelists:** Dr Jagdeep Basur, Dr Amit Gupta, Dr Navendu Rai, Dr Urmil Chawla

### (Each Talk - 6 min)

- |   |                        |
|---|------------------------|
| 1. Scleral Buckling: Is it on the verge of extinction??                         | Dr Navendu Rai         |
| 2. Orbital vascular anomalies- non surgical treatment options                   | Dr Yuvika Bansal       |
| 3. Case based approach in Idiopathic Intracranial Hypertension                  | Dr Ashima Goyal Sharma |
| 4. Necrotising Fasciitis of eyelid : An Overview                                | Dr Urmil Chawla        |
| 5. Ptosis - myths busted  | Dr Raman Mittal        |
| 6. How to choose right cornea for refractive surgery                            | Dr Ashish Bansal       |
| 7. Optical Biometers: Redefining Precision in Modern Cataract Surgery           | Dr Mansi               |
| 8. Cataract surgery in scarred corneas  | Dr Rishi Swaroop       |
| 9. Biological Bandages: Mucous membrane grafting in Ocular Surface Disorders    | Dr Parul Chawla Gupta  |
| 10. Diabetic Management in Eye  | Dr Sunita Aggarwal     |
| 11. Maximal Use of Residual Donor Cornea Rim post PKP: Limbal Stem Cell Culture | Dr Rajan Sharma        |

### FREE PAPER FINAL

**Date**

Sunday, 18 January 2026

**Time**

12:45 - 13:15



Shivalik Hall B

**Judges:** Name of the Judges kept Confidential

### E-POSTERS - Silent Surface ... Cool; We are not judging You (Non-Competitive)

**Date**

Sunday, 18 January 2026

**Time**

12:30 - 13:30



Shivalik Hall B Gallery

**Panelist:** Dr Fairouz PM, Dr B K Gupta, Dr Ruchi Mittal, Dr Rouli Sud

1. Phacolytic Glaucoma: Timely management is the key for visual rehabilitation **Dr Monika Dahiya**
2. Redefining the Lid After Tumour Excision: Outcomes of the Cutler–Beard Technique **Dr Jahnvi Katoch**
3. Unmasking the Mimic: Basal Cell Carcinoma Masquerading as Merkel Cell Carcinoma of the Eyelid **Dr Urmil Chawla**
4. Clinical spectrum of Waardenburg syndrome - A case report **Dr Sakshi**
5. Pneumatic Retinopexy: Revitalizing Retinal Detachment Repair **Dr Pushkar Dhir**
6. Efficacy of modified “PFCL CAP” Inverted Internal Limiting Membrane Flap Technique for the Treatment of chronic Idiopathic Macular Hole **Dr Pushkar Dhir**
7. Poster-Berlin's Edema with Choroidal Rupture Following Blunt Ocular Trauma: A Case Report **Dr Arsh Duggal**

**Time**

13:45 - 14:00

### GENERAL BODY MEETING



Ambika Hall A

**Time**

14:00

### VALEDICTORY



Ambika Hall A

**Time**

14:15 Onwards

### LUNCH



Trade Area



# OPHTHAFEST 2026



20TH ANNUAL CONFERENCE OF HOS  
& ANNUAL CONFERENCE OF AOS



**AIOS** **Yogshala**  
Ophthalmic Clinical and Surgical Skill  
Development Centre **CONNECT**

*In Collaboration with*

Haryana Ophthalmological Society

 17th-18th January 2026

 Hotel Regenta Palace, Ambala

## INSTRUCTION COURSES

17th January | 14:00 - 17:00 | Hall C

Case Based Management in Glaucoma

Arresting Myopia Progression

Decision making with Retinal Imaging

## DIDACTIC LECTURES

17th January | 17:00 - 18:00 | Hall C

## WET LABS

18th January | 9:30 - 13:00 | Hall B Gallery

Phaco

Microscope

Slit Lamp

OCT

YAG Laser



**REGISTER NOW**

SCAN THE  
QR CODE



Registration is Mandatory  
But Complimentary for the  
Conference Delegates

# FBS AIOS

FAMILY BENEFIT SCHEME AIOS

**Be the Member Now !**



Protects the AIOS families

**Zonal Representative - North**



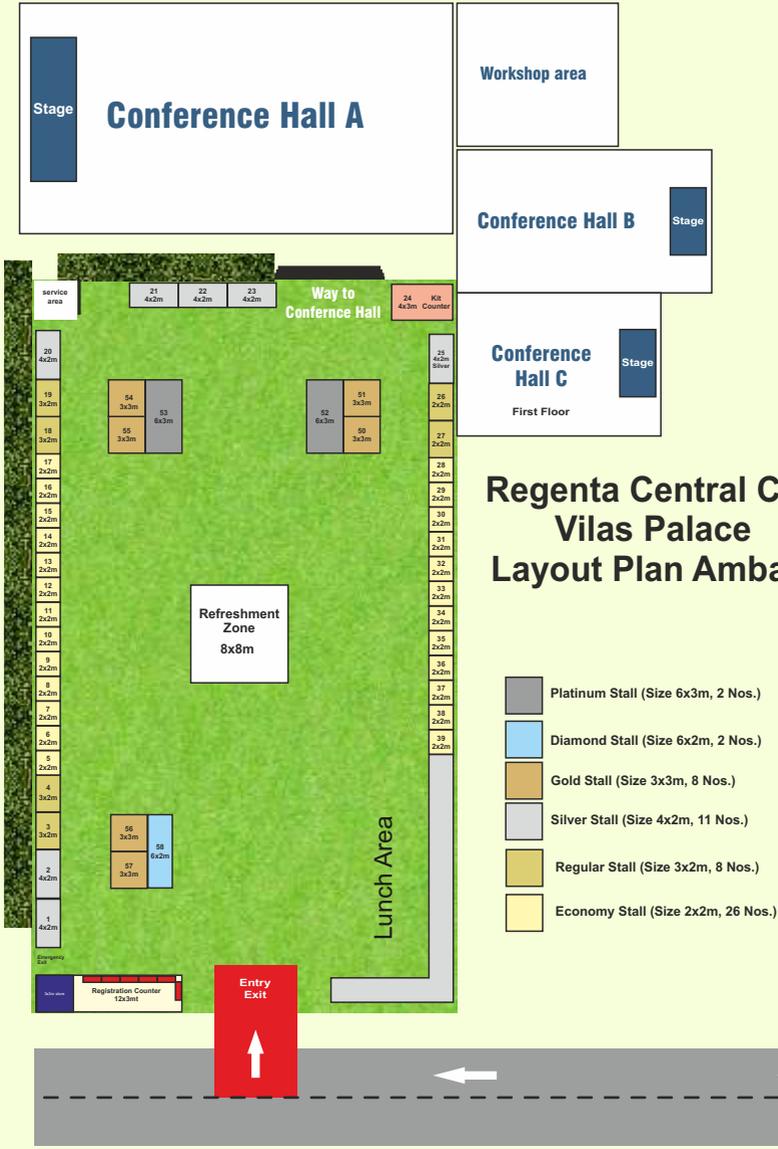
**Dr Narinder Kumar Taneja**  
☎ 93153 11339

**State Representative - Haryana**



**Dr Rajan Gupta**  
☎ 93158 85880

# LAYOUT PLAN



## Regenta Central City Vilas Palace Layout Plan Ambala

# OPHTHAFEST 2026



**SAI EVENTS CHANDIGARH**  
*Official Event Manager*

**+91 9592909994 | 8264426994**